



Embracing Motherhood Empowering Families 2018 Schedule

January 2018-

Tuesday, January 2nd:

5-7pm Session 1: Prenatal Care

7-9pm Session 3: Labor and Delivery

Monday, January 8th:

5-7pm Session 2: Healthy Pregnancy

7-9pm Session 5: Infant Care

Tuesday, January 16th:

5-7pm Session 4: Infant Feeding and Breastfeeding Basics

7-9pm Session 6: Postpartum and
Interconception Care

February 2018-

Monday, February 5th:

5-7pm Session 3: Labor and Delivery

7-9pm Session 1: Prenatal Care

Monday, February 12th:

5-7pm Session 5: Infant Care

7-9pm Session 2: Healthy Pregnancy

Monday, February 19th:

5-7pm Session 6: Postpartum and Interconception Care

7-9pm Session 4: Infant Feeding and Breastfeeding Basics

March 2018-

Monday, March 5th:

5-7pm Session 1: Prenatal Care

7-9pm Session 3: Labor and Delivery

Monday, March 12th:

5-7pm Session 2: Healthy Pregnancy

7-9pm Session 5: Infant Care

Monday, March 19th:

5-7pm Session 4: Infant Feeding and Breastfeeding basics

7-9pm Session 6: Postpartum and Interconception Care

April 2018-

Monday, April 2nd:

5-7pm Session 3: Labor and Delivery

7-9pm Session 1: Prenatal Care

Monday, April 9th:

5-7pm Session 5: Infant Care

7-9pm Session 2: Healthy Pregnancy

Monday, April 16th:

5-7pm Session 6: Postpartum and Interconception Care

7-9pm Session 4: Infant Feeding and Breastfeeding Basics

May 2018-

Monday, May 7th:

5-7pm Session 1: Prenatal Care

7-9pm Session 3: Labor and Delivery

Monday, May 14th:

5-7pm Session 2: Healthy Pregnancy

7-9pm Session 5: Infant Care

Monday, May 21st:

5-7pm Session 4: Infant Feeding and Breastfeeding basics

7-9pm Session 6: Postpartum and Interconception Care

June 2018-

Monday, June 4th:

5-7pm Session 3: Labor and Delivery

7-9pm Session 1: Prenatal Care

Monday, June 11th:

5-7pm Session 5: Infant Care

7-9pm Session 2: Healthy Pregnancy

Monday, June 18th:

5-7pm Session 6: Postpartum and
Interconception Care

7-9pm Session 4: Infant Feeding and Breastfeeding Basics

July 2018-

Monday, July 2nd:

5-7pm Session 1: Prenatal Care

7-9pm Session 3: Labor and Delivery

Monday, July 9th:

5-7pm Session 2: Healthy Pregnancy

7-9pm Session 5: Infant Care

Monday, July 16th:

5-7pm Session 4: Infant Feeding and Breastfeeding basics

7-9pm Session 6: Postpartum and Interconception Care

August 2018-

Monday, August 6th:

5-7pm Session 3: Labor and Delivery

7-9pm Session 1: Prenatal Care

Monday, August 13th:

5-7pm Session 5: Infant Care

7-9pm Session 2: Healthy Pregnancy

Monday, August 20th:

5-7pm Session 6: Postpartum and

Interconception Care

7-9pm Session 4: Infant Feeding and Breastfeeding Basics

September 2018-

Tuesday, September 4th:

5-7pm Session 1: Prenatal Care

7-9pm Session 3: Labor and Delivery

Monday, September 10th:

5-7pm Session 2: Healthy Pregnancy

7-9pm Session 5: Infant Care

Monday, September 17th:

5-7pm Session 4: Infant Feeding and Breastfeeding basics

7-9pm Session 6: Postpartum and Interconception Care

October 2018-

Monday, October 1st:

5-7pm Session 3: Labor and Delivery

7-9pm Session 1: Prenatal Care

Monday, October 8th:

5-7pm Session 5: Infant Care

7-9pm Session 2: Healthy Pregnancy

Monday, October 15th:

5-7pm Session 6: Postpartum and
Interconception Care

7-9pm Session 4: Infant Feeding and Breastfeeding Basics

November 2018-

Monday, November 5th:

5-7pm Session 1: Prenatal Care

7-9pm Session 3: Labor and Delivery

Tuesday, November 13th:

5-7pm Session 2: Healthy Pregnancy

7-9pm Session 5: Infant Care

Monday, November 19th:

5-7pm Session 4: Infant Feeding and Breastfeeding basics

7-9pm Session 6: Postpartum and Interconception Care

December 2018-

Monday, December 3rd:

5-7pm Session 3: Labor and Delivery

7-9pm Session 1: Prenatal Care

Monday, December 10th:

5-7pm Session 5: Infant Care

7-9pm Session 2: Healthy Pregnancy

Monday, December 17th:

5-7pm Session 6: Postpartum and
Interconception Care

7-9pm Session 4: Infant Feeding and Breastfeeding Basics

SESSIONS LOCATED AT:

Hutchinson Regional Medical Center
1701 E 23rd Avenue
Hutchinson, KS 67502
Conference Room B and C

Questions:

Reno County Health Department
620.694.2900

For in-depth classroom materials go to:
<https://www.renogov.org/648/Bump-to-Baby>